



Sex hasn't changed

But emergency contraception has.

ellaOne[®]
30 mg tablet / ulipristal acetate

effective when it matters most



Information for women who
have chosen ellaOne[®]

Further information available from:

HRA Pharma, Haines House, 21 John Street, Bloomsbury, WC1N 2BF, London.

Freephone: **1800 812 984**.

Email: **med.info.ie@hra-pharma.com**

Adverse events should be reported. Reporting forms and information can be found at www.hpra.ie. Adverse events should also be reported to HRA Pharma UK & Ireland Ltd on Freephone: 1800 812 984 or email: med.info.ie@hra-pharma.com

Things to know about ellaOne®



Take ellaOne® as soon as possible, but no later than 5 days (120 hours) after unprotected sex or contraceptive failure.



If you are sick (vomit) within 3 hours of taking ellaOne® get another ellaOne® tablet to take.



Like all medicines, ellaOne® can cause side effects, although not everyone gets them. If you get any side effects, talk to your pharmacist. The most common side effects are headache, nausea (feeling sick), abdominal pain and painful periods.



ellaOne® will not protect against future acts of sexual intercourse or sexually transmitted infections. If you have sex again before your next period you should use a condom or other barrier method.



If you wish to start, or continue using hormonal contraception after using ellaOne®, you can do so. However you should use a reliable barrier method until your next menstrual period.



If, after taking ellaOne®, your period is:

- More than 7 days late
- Unusually light
- Unusually heavy

or if you experience:

- Abdominal pain
- Nausea
- Vomiting
- Breast pain
- Any doubt about being pregnant

do a pregnancy test or consult your doctor.



ellaOne® is a backup method for preventing pregnancy and should not be used as a regular method of contraception.

If you don't have a regular method of contraception that you are happy with, now is a good time to find a method that suits you. There are lots of choices, including barrier and hormonal methods, sterilisation and spermicides. Visit the Irish Family Planning Association website www.ifpa.ie for more information, or ask a GP or family planning healthcare professional.

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For more information go to **www.ellaOne.ie**

This information has been supplied by HRA Pharma. It is intended for women that have received ellaOne® and does not replace the information found on the patient information leaflet (PIL) that comes with your ellaOne® pill. Emergency Contraception, to be taken as soon as possible after unprotected sex or contraceptive failure. An online copy of the PIL can be found at www.ellaOne.ie

Always read the leaflet

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